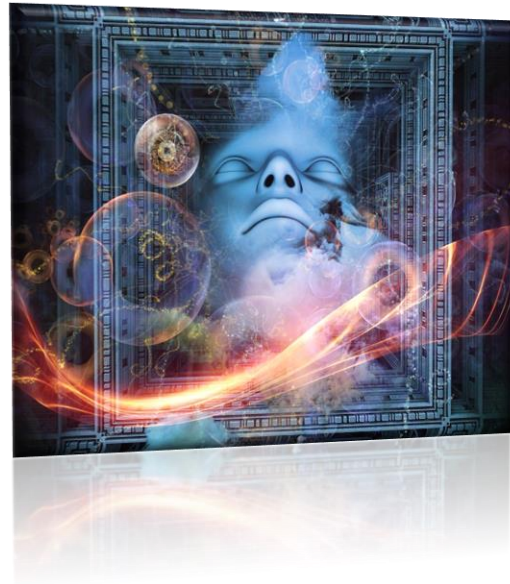


WHO ARE WE? WHERE ARE WE GOING?

Ever since our oldest ancestors gazed mesmerized at the distant stars in the night sky, countless people sharing the same experience over the centuries have asked themselves one question countless times. The question they asked speaks directly to the heart of every challenge we will ever face in life, no matter how big or small. This question is at the heart of every choice we will ever face and is the basis of every decision we will ever make. The question at the heart of every question that has ever been asked in the last 200,000 years or so that we humans have been on Earth is simply: WHO ARE WE?

Perhaps the greatest irony in our lifetime, spanning 5,000 years of recorded history and technological achievements beyond imagination, is that we still cannot answer this most basic question with certainty. How we answer the question of how we came to be who we are penetrates the essence of every moment of our lives. Our self-esteem, our self-worth, our sense of confidence, our well-being and our security come directly from the way we perceive ourselves in the world. Precisely because the way we think about ourselves plays such an important role in our lives, we owe ourselves the most truthful and honest explanation of who we are and where we came from.



IS DARWIN'S THEORY TRUE?

More than 150 years ago, geologist Charles Darwin published a paradigmatic book called *On the Origin of Species by Natural Selection*, often referred to by the abbreviated title *On the Origin of Species*. The purpose of his book was to provide a scientific explanation for the complexity of life - how it evolved over the years from primitive cells into the complex forms we see today. Darwin believed that the evolution he witnessed in some parts of the world and in some forms of life could be generalized to all life everywhere, including human life. In one of the great ironies of the modern world, ever since Darwin, the science that was supposed to support his theory and ultimately solve the mysteries of life has done the exact opposite.

Despite the presence of great technological advances in the modern world, science still cannot answer the most fundamental question of our existence: Who are we?



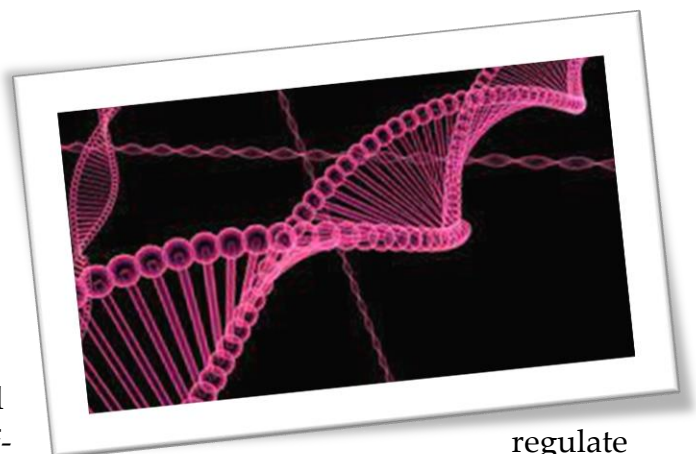
Everything from our confidence, self-worth, sense of trust, well-being and sense of security to the way we see the world and other people comes from our answer to the question "Who are we?" By allowing new discoveries to lead us to new stories, instead of trying to mold them into a pre-determined framework of ideas, we can finally answer the most

important questions of our existence. New DNA evidence shows that we are the result of an intentional act of creation that endowed us with extraordinary capacities for intuition, compassion, empathy, love and self-healing.

The stories we tell ourselves about ourselves – and believe them – define our lives. When we change our story, we change our lives. For the first time in recorded human history, Darwin's theory of evolution, published in 1859, enabled science to answer the great questions of life and origins without the need for faith. While connections between ancient primates and modern humans on the evolutionary family tree are thought to exist, they have never been proven as fact – at this point they are only inferred and speculative.

MYSTERIOUS DNA

The discovery of an exceptionally well-preserved female Neanderthal child that lived 30,000 years ago and the comparison of her mitochondrial DNA with our own tell us definitively that the earliest modern humans were not descendants of ancient Neanderthals. Human chromosome 2, the second largest chromosome in the human body, is the result of an ancient DNA fusion that cannot be explained by the theory of evolution as we understand it today. The 20 proteins that enable blood to clot and the 40-plus component cells (filamentous organelles) that allow cells to move through fluid are just two examples of functions that cannot evolve gradually over a long period of time as suggested evolution. In both cases, if just one protein or component is missing, cell function is lost. Humans appeared on Earth with the same advanced brain and nervous system as we have today, and with an already developed ability to self-



regulate

vital functions, which contradicts the evolutionary theory that nature does not "endow" beings with these characteristics until they are needed . A growing body of physical and DNA evidence suggests that our species emerged 200,000 years ago without an evolutionary path leading to our emergence. An honest scientist, unbound by the constraints of academia, politics or religion, can no longer reject new evidence of human origins and still remain credible.

BRAIN IN THE HEART

As part of our advanced nervous system, the heart works with the brain as the main organ that informs the brain what the body needs at any given moment. In ancient traditions, the heart, not the brain, has always been held to be the center of deep



wisdom, emotion, and memory, as well as a portal to access other realms. The discovery of 40,000 sensory neurites in the human heart opens the door to a vast array of new possibilities, similar to those detailed in the scriptures of some of our oldest and most precious spiritual traditions. The scientific documentation of memories that are transferred through

the heart from the donor to the body of the recipient - memory transfer - proves how real heart memory is. The heart is the key to awakening deep intuition, subtle memories and extraordinary abilities that were rare in the past, and accepting these qualities as a normal part of everyday life.

LIVING WITH A PURPOSE

The willingness to accept a scientific assumption as fact in the absence of evidence to support it can lead us, and has led us in the past, to the wrong conclusions when it comes to the way we think about ourselves and how we relate to the world. Renowned scientists claim that it is mathematically impossible for the genetic code of life to have arisen through the process of evolution alone. Almost universally, ancient and indigenous traditions attribute our origin to conscious and intentional action. A growing body of evidence suggests that we exist as part of a living and vibrant universe, rather than simply being made of inert dust, gas, and empty space. If we are the result of



something more than mere chance, then it makes sense that our lives are more than mere survival. It means that our life has a purpose. Our capacities for deep intuition, compassion, empathy, and self-healing, which enable us to live long enough to share these capacities, are the needle on the compass that points us directly to our life purpose.

POWER OF INTUITION

Intuition is a real-time assessment based on personal and past experiences, sensory cues, and common sense, while instinct is a



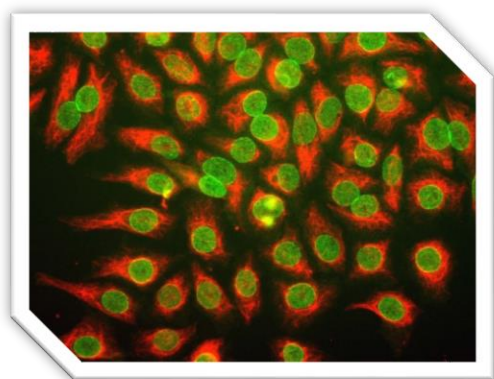
response that is “wired” into our subconscious as a survival mechanism.

The emotional bond that exists between a mother and her children is now scientifically documented with studies offering insight into the intuitive connection we can all develop in our relationships. Intentional focus with the heart allows us to experience deep states of intuition when we want to and on demand. We can access the wisdom of our

heart through a process that can be summarized in five simple steps: focus, breathe, feel, ask, and listen. Intuition, compassion and empathy are the starting points for compassion. Compassion is both, a force of nature and an emotional experience that connects us to nature and all life.

THE POWER OF OUR IMMORTAL CELLS

Telomeres are specialized sequences of DNA found at the ends of chromosomes that serve to protect the chromosome's genetic information as the cell divides. With each cell division, the telomeres become shorter until they can no longer protect the cell's vital information. At this point, the cell experiences age, senescence, and eventually death. The purpose of the telomerase enzyme in our cells is to repair, rejuvenate and lengthen the telomeres that determine how long our cells live. Our lifestyle choices, including specific forms of exercise, specific nutritional supplements, and reducing stress in the body, are key strategies that have been shown to successfully slow down and even repair telomere damage and cellular aging.



Unresolved stress in our lives eats away at telomeres and robs us of the thing we value

most: life itself. Through the wisdom of our hearts, we can ask for insight into healthy alternatives to unhealthy diversions in our lives. At every moment of every day, we make decisions that affirm—or deny—life in our bodies. Cardio-brain resilience is the key to emotional healing from the loss of family and loved ones experienced during extended life. More heart-brain harmony (coherence) leads to greater resilience in life.

FROM EVOLUTION TO TRANSFORMATION

We still have an opportunity to create a healthy future by defining the values we value before we start implementing solutions that cause irreparable damage to us and our planet. Indeed, we already have all the solutions – all the technological solutions – to



the biggest problems we face as individuals, communities and nations. The biggest crisis we face as individuals and as a society is a crisis of thinking. How can we make room for the new world that is emerging if we cling to the old world of the past? A growing body of scientific evidence leads to an inescapable conclusion: violent competition and war directly oppose our deepest instincts for cooperation and nurturing. The brutality of hate crimes is only possible in a society where the value of human

life has been lost. The destruction of an individual through drug and alcohol abuse is only possible when the personal sense of worth is lost. We only destroy what we do not value and that we cannot value what we do not know. The lasting solution to the issues that divide us and to the rising rates of harassment, hate crimes and war atrocities is to inspire a new generation and to promote our own need to respect and value all life.

We will learn more about the way of changes in life at our **RECREATION MOTIVATION MEETING** on the island of Murter in Croatia, where in addition to daily motivational meetings, we will also conduct recreational trips and visits to attractions. The recreational and motivational weekend on the island of Murter is intended for all those who are attracted to new thinking and perspectives, both on the expansion of personal aspects as well as on the initiation of personal desires and understanding of what is happening beyond static thinking. around the most beautiful part of the Adriatic, the Kornati archipelago, cycled along the coasts and bays of the island of Murter and got to know its "wooden shipbuildings" and spiced up the last evening with a culinary surprise!

**TAKE YOUR TIME AND JOIN US ON THE FAIRYTALE ISLAND OF MURTER
AND THE DIVINE KORNATI!!!!!!!**

You can find more about the event at: www.leksiakov.si