

MAKE A PLAN FOR A CHANGE

Life offers no certainty on any level. It is unpredictable. Only an attitude towards life can bring us the certainty that changes are necessary for growth, that they are a constant that we cannot avoid. In reality, no one knows what will happen in the next moment, what tomorrow will bring us. If we knew everything in advance, we would not be able to experience either the majesty or the greatness of life. They would live according to some established patterns, dead in a way. Because uncertainties make us alive, connected to the divine. We want to work according to established patterns, so that we can cling to them, get attached to them.

BITE INTO THE APPLE. From a distance, it looks like you have to jump off the diving board into the deepest part of the pool to take a decisive step, but... A good decisive step is much more like walking out of a shallow pool, starting with only dipping your toes in the water at first, and this is followed one step after another. From the very beginning, my decisive jumps were premeditated. It was a series of smaller, practical decisions. For me, the decisive step was actually the process of reducing risks. It sounds so boring, but it is very difficult to leave your regular job and decide to start your own business. I wrote down a set of steps. I kept going over the notes. They served as a framework in the process and as milestones, so that when it actually came down to it, I knew what to expect. Don't rush to the next point. Internalize what your intuition is telling you and think about it.

START FINANCIAL PLANNING. Think about how you could support yourself in the event that your decisive step is not successful. From a money perspective, I was



planning to make a decisive move from something profitable to something that was not profitable in any way, especially not at the beginning. So I opened a bank account and put a portion of each paycheck into it, creating savings that would allow me to take the decisive step in the first place. I asked former pros and travel gurus for tips on how to create a realistic financial plan. I inquired thoroughly at the company; I would have to apply for an approved leave of absence and would not be paid, but if my

request for leave was granted, I would still have the security of being able to return to

work. You should just plan and save enough money in certain months to go without income for a few months.

PUT IN THE TIME AND PRACTICE. Taking a decisive step is like riding a bike: you can't learn it by just reading about bikes, you have to get out there and ride a few laps. In my head, I began to envision a workplace where I could do more of the things I loved about my current job, but not have to deal with all the things I didn't like. While working in your current position, find a small side project that allows you to explore other types of work that might suit you. I started working with the product on weekends and at night. I was developing a small prototype, which I could later refine and test for several months. I built my most basic product in a way that wasn't so scary. I didn't give it a name. I didn't say "this is my business", but "I do this as a small project".

KEEP YOUR OPTIONS OPEN - A SAFETY NET. I spoke with a small business owner who convinced me to do a plan B. I created a safety net by staying at my old job for a year. People who build a safety net have the skills they need to get another job. There is a misconception that taking a decisive step permanently eliminates the possibility of returning to the work you used to do or of re-engaging with the individuals you used to work with. Sometimes this is true. For some decisive steps there is no turning back, and for many others, there is a chance to take a step back if you have demonstrated the ability to do your job well and have built genuine relationships with the people you work with. I didn't start from scratch. It was more of a prepared, planned transition than an impulsive step. This was crucial. I think the best way to do this kind of thing is to take a decisive step - make a plan, create a safety net of sorts, get halfway to the implementation, and then take a step.

SEEK FEEDBACK. Find people who have already done what you want to do yourself. study and understand what they do. I needed expert feedback but didn't know anyone. I sketched all the ideas in a notebook and bounced ideas around with friends and colleagues, anyone who knew anyone who might be able to help. I'm not a chatty person myself, I'm usually rather shy. When someone offered to introduce me to someone, I forced myself to accept their offer. Ask for feedback occasionally. It's actually okay to look back during this process. Use feedback to improve yourself for tomorrow. Scour your personal network and try to find someone who might know someone who knows something about a particular topic. Then get to know that person and



after the conversation is over, ask if they know anyone else who could help. Include people who know you well in your decision-making process, as they will give you constructive, well-intentioned advice when you are hesitating, pessimistic, or when you are wading through unknown territory just before the decision-making step. He took a whole hour to tell me how impossible it was to do what I had in mind. I nodded and remembered everything. Although it took courage, my first reaction was how helpful it all was: the feedback was absolutely accurate. This was useful information and I will not stop.

COMMIT TO WHAT YOU BELIEVE IN. I doubted myself, but I never doubted my institution. I think it's very important not to question the idea of what you're doing. Pure emotions aside, an underlying sense of purpose drove me forward. In general, my path was not easy, but I was called to it. I liked the company, I believed in its culture and I knew that I would learn a lot and learn more about myself and my aspirations. When making a decision, people think about the 'what' rather than the 'why'. Knowing the answer to the "why" is more important than the answer to what exactly you would do in your decisive step - because everything will change. The step rarely goes smoothly. Being very clear about why you are taking this step will help you when you have to get through the down times and then get back up on your way. If you believe in what you are striving for, I advise you to take that leap of faith and not be timid. My idea completely possessed me. I felt like this was my mission. I think you have to be so passionately committed to what you are going to do because the road is hard. Instead of taking a decisive step towards something, rather take a step towards a feeling you feel when you work.

GIVE YOURSELF THE GREEN LIGHT AND FEEL THE FEAR. When you decide to take a decisive step, the most difficult thing is to accept the upcoming uncertainty - the possibility of failure. That's when those traditional, lucrative career paths seem extremely attractive: with their help, you can avoid this kind of failure. When you say to yourself, "Okay, I can live with this, but I'm going to try anyway." Even the bravest who have taken the plunge have faced the same fears and doubts that we all face. you can't escape those thoughts. It is absolutely impossible to escape this fear, you cannot expect to simply wait for this fear to subside and then take a decisive step, because this fear will never go away. You simply have to say to yourself: "I feel fear and I will work on!" and accept that these are just thoughts that you have. These thoughts are not you. You can fail a hundred times, but that doesn't define you, it's how you pick yourself up that defines you. I myself still struggle with the fear of failure and rejection, but you learn much faster when you fail than if you didn't - if you didn't have the opportunity to question yourself. Failure helps us understand who we really are. When we leave something comfortable, we start to doubt ourselves. We are doing something that goes against the norm. I remember thinking, "I don't believe I'm ready to take this decisive step yet. It seems to me that the time is not right." but then it struck me that there is never a right time to take a decisive step. What shook me the most was that I was so

happy when I dreamed I would be. I was worried and nervous, but I wasn't afraid. I was ready. For me, the decisive step is to believe. Sure, I'll be overcome by hopelessness from time to time, but that fear will enter my consciousness, and I just have to recognize it and let it go. I have to believe that I can only get through hopelessness if I hear the fear and then let it go and move on.

RELAX, THINGS ARE NOT THAT SERIOUS. If you've planned the spot move well, you'll create a situation where the actual decisive move isn't as risky and the stakes aren't as high, even if it doesn't end well. I still couldn't sleep from time to time because of my financial situation, I was afraid of life without a regular income. The older squash colleague wasn't overly concerned. "Careers are long!" and if in the end it doesn't work out as you planned, I strongly believe that you will be able



to live with that mistake, because you put so much preparation into the decision. If you really plan, then the decisive step is not such a serious thing. If you approach your project with passion and love the process, you won't care even if it doesn't succeed. You will feel fulfilled because you will be able to do something that is close to your heart. It turned out that it was quite easy to tell the boss. He understood me and fully supported me. Sometimes it seems to me that we create huge problems in our heads, although in reality this is not the case at all. Maybe the conversation is a little painful and you're uncomfortable for a day, but it's much worse to sit and think about all the possible scenarios that could happen.

We will learn more about the way of changes in life at our **RECREATION MOTIVATION MEETING** on the island of Murter in Croatia, where in addition to daily motivational meetings, we will also conduct recreational trips and visits to attractions. The recreational and motivational weekend on the island of Murter is intended for all those who are attracted to new thinking and perspectives, both on the expansion of personal aspects as well as on the initiation of personal desires and understanding of what is happening beyond static thinking. around the most beautiful part of the Adriatic, the Kornati archipelago, cycled along the coasts and bays of the island of Murter and got to know its "wooden shipbuildings" and spiced up the last evening with a culinary surprise!

**TAKE YOUR TIME AND JOIN US ON THE FAIRYTALE ISLAND OF MURTER
AND THE DIVINE KORNATI!!!!!!!**

You can find more about the event at: www.leksiakov.si